

<p>PKG TRT: 0:51</p> <p>NAME OF MUSIC SELECTION: A WASTELAND FAIRY</p>		<p>SOCIAL MEDIA PKG SCRIPT: STAYING FIT DURING COVID</p>
<p>DESCRIPTION OF VIDEO #1 ABBIEY COOKING</p>	<p>: SECS :08</p>	<p>GRAPHIC OVERLAY #1: COLLEGE STUDENTS ARE CREATING NEW WORKOUTS, NUTRITION PLANS, AND MENTAL HEALTH PRACTICES AT HOME.</p>
<p>DESCRIPTION OF VIDEO #2 KITCHEN SUPPLIES CLOSE UP</p>	<p>: SECS :08</p>	<p>GRAPHIC OVERLAY #2 ABBIEY MANASCO, A NUTRITION MAJOR AT THE UNIVERSITY OF ALABAMA, IS USING HER KNOWLEDGE TO STAY HEALTHY DURING QUARANTINE.</p>
<p>DESCRIPTION OF VIDEO #3 ABBIEY WORKING OUT</p>	<p>: SECS :09</p>	<p>GRAPHIC OVERLAY #3 MANASCO ENCOURAGES HER FRIENDS TO EAT THE RAINBOW AND TO EXERCISE ON A REGULAR BASIS TO COMBAT STRESS.</p>
<p>DESCRIPTION OF VIDEO #4 VALARIE CLOSE UP</p>	<p>: SECS :06</p>	<p>GRAPHIC OVERLAY #4 VALARIE YARBROUGH ALSO TOOK QUARANTINE AS AN OPPORTUNITY TO FOCUS ON IMPROVING HER MENTAL HEALTH WITH EXERCISE.</p>
<p>DESCRIPTION OF VIDEO #5 VALARIE RUNNING IN PLACE</p>	<p>: SECS :10</p>	<p>GRAPHIC OVERLAY #5 YARBROUGH GOT CLOSER TO HER FAMILY, PUT EMPHASIS ON EATING HEALTHY, AND USED EXERCISE AS STRESS RELIEF DURING QUARANTINE.</p>
<p>DESCRIPTION OF VIDEO:6 VALARIE RUNNING STADIUMS</p>	<p>: SECS :10</p>	<p>GRAPHIC OVERLAY #6 BOTH COLLEGE STUDENTS ARE CARRYING NEW, HEALTHY HABITS BACK TO CAMPUS TO FINISH THEIR SENIOR YEARS.</p>